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## WELCOME TO DERBY LODGE

Derby Lodge officially opened in 1989. It is administered under the private sector and registered with the Care Quality Commission.

Derby Lodge is part of the Lancashire County Council Preferred Providers scheme for physical disability.

Derby Lodge has been awarded 5 stars under the RDB Star Rating Scheme. We have also been awarded two wheelchair awards for our accommodation for wheelchair users. This is the highest award that can be offered.

We can accommodate 23 adults. Individual flats are also available for those clients who wish to enjoy self contained accommodation.

Derby Lodge caters for Physically Disabled (either through accident or birth) Learning Disability, Depression, Multiple Sclerosis, Parkinson's Disease, Stroke, Visual Impairment and any other Physical or Mental disability where we can meet the care needs,

We are ideally situated in a popular residential suburb north of Preston close to a variety of amenities including Banks, Post Office, Chemist, Health Centre, Churches, Leisure Centre and Public Houses. We are also on a direct bus route either to the town centre or to supermarkets and the hospital.

Set in well maintained and spacious grounds. The accommodation is constantly being upgraded to a high standard and work is ongoing.

# THE TEAM

## **MANAGER**

Mrs Sue Hall MCMI

## **DEPUTY MANAGER**

Miss Anne -Marie O'Boyle RN

## **SENIOR CARERS**

Mr Joe Brown  
Miss Sharon Burrell

**CARE STAFF** -- Our Care Staff, most of whom have NVQ qualifications, are employed to meet the Physical, Emotional and Spiritual needs of Clients. A Keyworker System is in operation which enables the Client to have individual attention and that much needed personal touch. We believe and practice in a person centred approach allowing personal choice.

**SUPPORT STAFF** -- The Housekeeping and Catering Staff play a vital role in the smooth running of the Home; their support is valued by both the Clients and carers

## ACCOMMODATION

### **At Derby Lodge we offer the following facilities:-**

Two luxuriously furnished lounges:-

- One equipped with a television and DVD

- One quiet lounge with stereo music system and specialist lighting and equipment. This lounge is used for relaxation with the use of the lighting and soft music.

Large dining area with stereo music system and flat screen plasma television and DVD corner.

A Games Room with pool table.

Laundry facilities.

Bathrooms and toilets on both levels.

Passenger lift to upper floor.

Six self-contained flats to enable Clients to develop their full potential of independence, with adaptations to allow this goal to be achieved. These flats contain a separate lounge and bedroom with a wet room attached to the bedroom. Some are equipped with fridges, microwaves and sink units. All the flats also have call bell systems in all the rooms if assistance is needed.

All bedrooms are for single occupancy, all have hand wash basins and some are en-suite.

# HOW TO FIND DERBY LODGE

## FROM M6 MOTORWAY TRAVELLING NORTH

Exit M6 at Junction 31:

- Take A59 to Preston at the first roundabout take the 2<sup>nd</sup> exit A5085 Blackpool Road.
- Continue to 5<sup>th</sup> set of Traffic Lights (junction with A6)
- Turn right towards Garstang
- At next set of Traffic Lights (with Shell Garage on corner) turn left into Lytham Road.
- At the next roundabout take the third exit.

**Derby Lodge is immediately on your right.**

## FROM M6 MOTORWAY TRAVELLING SOUTH

Exit M6 at Junction 32:

- Take A6 towards Preston to 3<sup>rd</sup> set of Traffic Lights (not including 3 sets of pedestrian crossings)
- Turn right into Lytham Road (Shell Garage in far right hand corner)
- At the next roundabout take the third exit.

**Derby Lodge is immediately on your right.**

# WHAT WE OFFER

**P**RVACY

**E**QUALITY

**R**IGHTS

**S**TIMULATION

**O**PPORTUNITIES

**N**ATURAL ENVIRONMENT

**A**DAPTATIONS

**L**EISURE ACTIVITIES

**C**REATIVITY

**A**ROMATHERAPY

**R**ECREATION

**E**MPOWERMENT



## RELIGIOUS AND CULTURAL BELIEFS

All Residents who wish to continue practicing their religion are encouraged to do so. Members of all denominations are welcome in The Lodge. Clients who wish to attend Church will be helped in every possible way to do so.

Representatives from all Churches and Cultures are welcome to visit the Home at any time.



## MEALS

Our main ingredient is **health and variety**. Meals served at The Lodge are wholesome tasty and attractive.

An alternative meal is always offered and fresh mixed salad served at each mealtime.

The Clients are encouraged to take part in meal planning at our regular residents meeting.

Our Cook is happy to discuss and prepare individual dietary needs relating to either health or cultural beliefs.





## NEED A BREAK

As carers ourselves we appreciate that the role of a carer can be a very demanding one.

This is why we offer a respite care service in order for family members to take a holiday or to simply have a well deserved break.

Providing that the accommodation is available we can accommodate any length of respite care required.



## VISITORS

Visitors are welcome to visit Derby Lodge at anytime during the day:

There are no restrictions to time or length of the visit.

A senior member of staff is always available to offer any help or advice you might need.

# AIMS AND OBJECTIVES

## AIMS

- To promote and maintain standards already achieved and introduce new areas.
- To Provide training to help Clients cope with everyday life in the community.
- To develop an understanding in staff of the needs of Clients.
- To help improve the quality of life of the Clients.
- To continue using the principles of normalisation.
- To develop and maintain general activities that will develop skills of the Clients.
- To promote independence and independent thoughts.

# AIMS AND OBJECTIVES

## OBJECTIVES

- Each Client will be assessed annually and have a yearly review meeting/I.P.P.
- Clients can continue to attend College on a regular basis as per timetable where applicable.
- Medical Reviews will be carried out on a regular basis in conjunction with each Client's G.P.
- Each Client will have a variety of individual programmes to meet priority needs in the following areas, e.g.

Self - Help  
Socialisation  
Communication  
Occupational Education

- Each Client will liaise with a key-worker responsible for his or her individual development.
- Each Client's programme will be evaluated monthly with the Key-worker and Management.
- Regular Fire Safety checks will continue to be carried out.

**Our Statement of Purpose is available  
if you wish to view it.**

## ACTIVITIES AND LEISURE PURSUITS

We employ a full time Driver for our Mini Bus. His role is to provide Activities and Leisure pursuits outside the Lodge, so below we are setting out some of the usual programme of events that we offer.

### **CHURCHES CLUBS AND ORGANISATIONS**

Many of our Clients are members of Religious Groups, local organisations and/or local sports clubs. This gives our Clients a choice of %outside activities+which are welcomed and openly encouraged.

**AROMATHERAPY** Gentle massage with essential oils

**RELAXATION THERAPY** Relaxation in our quiet lounge to music with special lighting effects.

**GARDENING** Planting of seasonal bulbs and plants in pots and tubs and watching our work grow into a lovely display of flowers.

**SHOPPING TRIPS** We regularly have trips to various shops either locally or we use our Mini Bus to go further away for example to Blackpool or Southport etc.



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**PUBLIC HOUSES AND RESTAURANTS** For those Clients who enjoy a drink or a meal out we will be only too pleased to organise this and go along to help with personal care and socialising. The local Public Houses and Restaurants both welcome and encourage our Clients to visit them and help to make their night out a pleasant one.

Here at Derby Lodge we believe in freedom of choice and any activity not previously mentioned that a Resident wishes to partake in will be warmly welcomed. Some of the outings we have organised for our Clients recently are: ***trips to Blackpool Lights. Residents also went to a pop concert in Manchester and we also visit our local Guild Hall to see various shows.***

In addition to all the above outside activities we also hold regular parties in The Lodge. These included Birthdays, Halloween, Bonfire Night, Christmas, New Year and St Valentine's Day just to mention a few. Our policy is for the Clients to invite their friends and family to these events if they wish. These events prove to be very well supported and everybody has a good night out.

**SAMPLE MENU**

SUNDAY

**BREAKFAST**

**Choice of cereals**

*Weetabix, Cornflakes, Alpen  
Ready Brek, Rice Krispies*

**Fruit Juice**

**Grapefruit**

**Boiled eggs**

**English Breakfast (optional)**

**Toast - Jam/Marmalade**

**Tea or Coffee**

**LUNCH**

**Roast Chicken**

**Roast Potatoes Boiled Potatoes**

**Two Fresh Vegetables**

**Apple Sauce**

**Sage and Onion Stuffing**

**Gravy**

or

**Mixed Salad**

**Fruit Crumble and Cream**

**Yoghurts**

**TEA**

**Cheese / Tomato Quiche**

**Jacket Potatoes**

**Bread and Butter**

or

**Mixed Salad**

**Strawberry Mousse**

**Yoghurts**

**Fresh Fruit**

**SUPPER**

**Choice of the following**

**Hot buttered toast**

*with various toppings*

**Teacakes**

**Crumpets**

**Biscuits**

**Crisps**

or

**Takeaway Supper**

*(optional)*

**Milky Drinks**

**Tea or Coffee**

**SAMPLE MENU**

# MONDAY

## BREAKFAST

### CHOICE OF CEREALS

*Weetabix, Cornflakes, Alpen  
Ready Brek, Rice Krispies*

**Fruit Juice**

**Grapefruit**

**Boiled Eggs**

**English Breakfast (optional)**

**Toast - Jam/Marmalade**

**Tea or Coffee**

## LUNCH

**Home made Steak pie**

**Creamed Potatoes**

**Green Beans**

**Sweet Corn**

**Gravy**

or

**Tuna Salad**

**Chocolate Sponge**

**Chocolate Sauce**

**Yoghurts**

**Fresh Fruit**

## TEA

**Scampi**

or

**Spring Rolls**

**Chips**

**Peas**

**Bread and Butter**

**Arctic Roll**

**Yoghurts**

**Fresh Fruit**

## SUPPER

**Choice of the following**

**Hot buttered toast**

*with various toppings*

**Teacakes**

**Crumpets**

**Biscuits**

**Crisps**

or

**Takeaway Supper**

*(optional)*

**Milky Drinks**

**Tea or Coffee**

# DERBY LODGE

## **TAKE A LOOK AROUND**

We have included on our webpage a sample of photographs in order for you to see some of the views of the House, Rooms, Party Nights and Activities.

There are too many photographs for us to include them all but we are happy to show them to you when you visit Derby Lodge.



## A CLIENTS RELATIVE'S VIEW

January 2011

Dear Reader

I am a relative of a client at Derby Lodge and finding just the right place was very difficult.

I wanted a place where my relative could be as independent as possible, with plenty of activity and stimulation, and where we as a family would be welcome at any time, day or night, and I am happy to tell you that we have all this and more at Derby Lodge.

They have regular outings and social events at which everybody is welcome. The staff are very good and often give up a lot of their own time to take residents out shopping, or to restaurants for meals or to the theatre or cinema.

My relative has a good relationship with staff members.

The standard of care and the family atmosphere make it ideal.

Some of the activities we have taken part in are barbeques, Christmas and birthday parties.

Nothing is too much trouble for the staff and management at Derby Lodge and I would not hesitate to recommend them to anybody.

Name and address supplied



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## COMPLAINTS PROCEDURE

If you have any requests or complaints regarding any matter to do with Derby Lodge the first line of enquiry is to our Management Team.

If you are unhappy with the response you get from the Management at Derby Lodge concerning requests and complaints then you should address your query to:

**Lancashire County Council  
Quality and Contract Unit  
Lancashire Procurement Centre of Excellence  
3<sup>rd</sup> Floor Lancashire Point  
County Hall  
Preston  
PR1 0LD  
01772 538339**

If any complaint is not dealt with to your satisfaction by the above then the next point of contact should be to:

**Ombudsman  
Beverly House  
17 Shipton Road  
York  
YO3 6SZ**